



ALPHA WEEKEND PLANNING & PREP

The typical Alpha Weekend runs from Friday night to Sunday morning. This creates unhurried time and space to watch all the talks about the Holy Spirit, for waiting on God and praying together, and for people to relax and have fun.

For some groups getting away for a whole weekend is not possible. Sometimes people can only do the Friday night, and all day Saturday, or even just the one full day. It does take some planning but it's worth it.

Why do the Alpha Weekend?

- It gives guests the space, time, and atmosphere needed to thoroughly process and reflect on what they are learning.
- It helps guests, hosts, and helpers get to know each other better and form lasting relationships. 3-4 of the teachings are given during the weekend (25% of the Alpha material).
- It provides an opportunity for guests to ask to be prayed for and filled with the Holy Spirit.
- It's a special time to let God bless and encourage guests and leaders.

Tip #1: Go to a house, cabin, retreat center nearby – just somewhere different from the usual meeting space.

Tip #2: Watch the Prayer Ministry video with your whole team before the Alpha Weekend so they feel prepared.

The Alpha Weekend is all about getting away from the busyness of everyday life so people can connect with each other and connect with God. It's the part of Alpha that many people say was the turning point in their Alpha experience. We consistently see hearts more open to Jesus and lives changed. And that's why we do it.

SAMPLE ALPHA WEEKEND SCHEDULE

FRIDAY

- 6:00 pm – Arrive
- 7:00 pm – Dinner or Snacks
- 8:00 pm – Introduction / Icebreaker Game
- 9:00 pm – Show Intro to the Alpha Weekend video

SATURDAY

- 8:30 am – Breakfast
- 9:00 am – Leaders' Meeting
- 9:30 am – Weekend Talk #1: Who is the Holy Spirit?
- 10:00 am – Refreshments and Snacks
- 10:30 am – Weekend Talk #2: What does the Holy Spirit Do?
- 11:00 am – Small Group Discussion
- 12:00 pm – Lunch
- 2:00 pm – Free afternoon (activities can be organized)
- 4:00 pm – Snacks, coffee, and tea
- 5:00 pm – Worship & Weekend Talk #3: How can I be filled with the Holy Spirit?
- 5:30 pm – Prayer Ministry Time
- 6:30 pm – Dinner
- 8:00 pm – Free time

SUNDAY

- 9:00 am – Breakfast
- 9:30 am – Leaders' Meeting
- 10:00 am – Small Group Discussion
- 11:00 am – Weekend Talk #4: How can I make the most of my life?
- 11:30 am – Prayer Ministry Time
- 12:00 pm – Lunch and Depart

*Your schedule may change depending on your Alpha material and number of talks you have on the weekend.